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Important Tips!

During your time here at the university, you will learn a lot of new information as well as develop your personal skills. University studies pose new and perhaps unexpected demands on you.

Therefore, I would like to share with you three tips that previous students have said helped them with their studies.

- **Plan**
- **Time**
- **Collaborate**

☞ **Plan your studies** – University studies consist largely of self-study and it puts pressure on students. Research shows that those who plan and structure their work do better than those who don't. Additionally, make sure to set aside time for other important things such as exercising and hanging out with friends and family.

☞ **Give yourself and your studies enough time** – Keep in mind that you are studying full time, so you need to spend at least 40 hours a week studying. Those who devote plenty of time to their studies often find they gain a deeper understanding.

☞ **Collaborate with your peers** – Team work has many advantages. It gives the opportunity to look at a problem from another person's point of view and you can motivate each other to find solutions. Regular study groups also provide structure to your every day life. Collaboration is also a necessary skill in the workforce.

And last but not least: **ASK** if you there is anything you are unsure of. All of us who work at Luleå University of Technology are here to help you.

Good luck!

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